

# Mesotherapy

## What is it?

Mesotherapy was developed in France by Dr. Michel Pistor in 1952. It has been performed in France ever since. It is a procedure involving local injections to fat deposits for weight loss and body sculpting.

## What does it treat?

This method targets the receptors on fat cells to contour specific areas of undesired fat using phosphatidylcholine, a nutrient found in certain foods. This nutrient can also be used to treat fatty plaque deposits in arteries, cellulite, and non-cancerous fatty tumors.

## How does it work?

Mesotherapy blocks the body's ability to store fat and stimulates the body's ability to burn fat. Once injected just below the skin, the formula slowly diffuses into the fat, and breaks it down. The fat is then theorized to be burned up by the muscle and used for energy. The number of weight loss and body sculpting treatments required varies from person to person.

## Who is a good candidate for treatment?

A medical history and physical examination is required prior to receiving treatment for weight loss and body sculpting. It is important that the patient be willing to exercise and follow a healthy diet.



## MESOTHERAPY

