



Pain Therapy Menu

Hale Therapeutic Massage

- The Hale Massage is considered to be one of our hidden gems! This massage is designed to enhance the function of muscle and connective tissue, while promoting relaxation and wellbeing. This massage is a perfect way to end a stressful week or can be part of a regular routine for athletes of any level to enhance the treatment for current or previous injuries.

Naturopathic Manipulative Technique

- Naturopathic Manipulative Technique or NMT is a gentle manipulation of the joints that functions to restore normal movement. This technique is commonly utilized when there is a physical misalignment that is considered to be the source of pain. Making necessary corrections to the body can reduce chronic pain and improve athletic performance. It is common to combine NMT with massage and acupuncture for optimal results.

Acupuncture

- Acupuncture is one of the most ancient forms of medicine and is highly effective for the treatment of pain. Acupuncture can be used to treat pain locally at specific joints, in a specific area of the body, or can be used to treat systemic body pain while encouraging an increased feeling of overall wellbeing. Each acupuncture treatment works synergistically with the previous treatment for longer lasting pain relief.

Biopuncture Therapy

- Biopuncture is one of our most celebrated injection therapies for relief from most types of acute and chronic pain. Biopuncture injections are a combination of homeopathic botanicals that assist your body to decrease healing time from injuries to tendons or ligaments, provide relief from muscular trigger points, nerve pain and pain from osteoarthritis. This therapy is typically used as a series of injections over a period of time for optimal pain relief.

Platelet Rich Plasma

- PRP is a revolutionary treatment that promotes long lasting healing. This non-surgical technique is used for ligament and tendon injuries, tendonitis and osteoarthritis. PRP uses the patient's own blood to intensify the body's efforts by delivering growth factors, healing factors and platelets that attract the critical assistance of stem cells to facilitate the healing process locally to the site of injury or pain.

IV Therapy

- Intravenous therapy is a perfect addition to any pain treatment protocol. IV therapy can provide the body with essential vitamins, minerals, homeopathics and botanicals that are known to decrease inflammation and provide the body with systemic pain relief. IV therapy can also be used to support the body through the healing process by providing essential cofactors for tissue repair, strengthen collagen and simultaneously boost the immune system.

The Fine Print:

*This menu is designed to highlight a few of the features and benefits of Pain Therapies available at Hale Health, LLC

* Initial consultation is required prior to any injection procedure. Consultation is \$75. All Menu items: \$75- \$1000

* Insurance billing may be accepted for injury from a motor vehicle accident for Massage, Acupuncture and PRP.