Platelet Rich Plasma Therapy

What does it treat?

PRP is recommended for patients with moderate injuries, or who those have failed conservative treatments, such as rest, medication and physical therapy. PRP effectively treats conditions such as: Osteoarthritis, runner's knee, ligament/tendon injuries, and chronic pain.



How does it work?

Blood is drawn from an individual. Plasma and platelets are then extracted from the blood and injected into the same individual's injury site. Platelets contain high levels of growth factors which help the body initiate the healing process by recruiting stem cells to the damaged area. The cells catalyze tissue regeneration.

Who is a good candidate for referral?

Almost everyone can be treated, but it is not recommended for those individuals who have:

- Bleeding disorders (or take high dosages of Coumadin)
- Clotting deficiencies
- Low platelet counts (anemia)
- Active cancer
- Active systemic infection
- Cerebral palsy or Parkinson's Disease

